**IMPORTANT INFORMATION ABOUT YOUR DRINKING WATER**

Fox Hill MD

 **High Levels of Fluoride**

Este informe contiene información muy importante sobre su agua potable. Tradúzcalo o hable con alguien que lo entienda bien.

This is an alert about your drinking water and a cosmetic dental problem that might affect children under nine years of age. At low levels, fluoride can help prevent cavities, but children drinking water containing more than 2.0 milligrams per liter (mg/L) of fluoride may develop cosmetic discoloration of their permanent teeth (dental fluorosis). Sample results from April 19, 2022, and December 6, 2022, demonstrated that the drinking water provided by your community water system has a fluoride concentration of 2.15-2.43 mg/L.

**What does this mean? What should I do?**

* Dental fluorosis in its moderate or severe forms may result in a brown staining and or pitting of the permanent teeth. This problem occurs only in developing teeth, before they erupt from the gums. Children under nine years of age should be provided with alternative sources of drinking water or water that has been treated to remove the fluoride to avoid the possibility of staining and pitting of their permanent teeth. You may also want to contact your dentist about proper use by young children of fluoride-containing products. Older children and adults may safely drink the water.
* Drinking water containing more than 4.0 mg/L of fluoride (the U.S. Environmental Protection Agency’s drinking water standard) can increase your risk of developing bone disease. Your drinking water does not contain more than 4.0 mg/L of fluoride, but we’re required to notify you when we discover that the fluoride levels in your drinking water exceed 2.0 mg/L because of this cosmetic dental problem.
* For more information, please call Wayne Ramey of Fox Hill Metropolitan District at 303-833-5505. Some home water treatment units are also available to remove fluoride from drinking water. To learn more about available home water treatment units, you may call NSF International at 1-877-8-NSF-HELP.

**What is being done?**

* Fluoride contamination is rarely due to human activity. Fluoride occurs naturally in some areas.
* The fluoride levels are just above the Secondary Maximum Contaminant Level (SMCL) and have been trending down. Sample result from April 19, 2022, the result was 2.43 mg/L and the most recent sample taken on December 6, 2022, the result was 2.15 mg/L.

Since the level of fluoride is reducing, the District is going to wait and see if additional water test show that the fluoride levels are below the SMCL. Therefore, the District doesn’t have a resolution date at this time. For children under 8 years old, the District would recommend that the child use a different water source for brushing teeth. If subsequential testing shows that the levels are staying above the SMCL, the District will hire a consulting firm to assist in developing treatment alternatives. For more information, please contact **Wayne Ramey** at **wayner@recinc.net** or **303-921-0129**, or **1700 Lincoln Street Suite 2000 Denver, CO 80203**.

*\*Please share this information with all the other people who drink this water, especially those who may not have received this notice directly (for example, people in apartments, nursing homes, schools, and businesses). You can do this by posting this notice in a public place or distributing copies by hand or mail.\**

This notice is being sent to you by: Fox Hill MD - CO0118285

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